



Relaxing into the Page



May 22 - 25, 2014

Elk View Lodge, Fernie, BC

Registration Form

Your Details:

Full Name: _____

Preferred Name: _____

Preferred Email: _____

Preferred Phone Number: _____

Mailing Address: _____

Emergency Contact: _____

Dietary Restrictions: _____

Background:

Tell us a bit about your yoga and writing background and what you hope to gain from this weekend (note: no experience required):

Payment:

- Early Bird:** \$680 with a deposit of \$340 due by January 30, 2014
- Regular:** \$880 with a deposit of \$440 due to reserve spot

Participants can pay with two cheques (one posted dated for May 22). Contact Angie at aabdou@telus.net to initiate registration.

Please let us know if you are not bringing your own yoga mat.

On Thursday, check-in begins at 4:30pm. Join us for a wine and cheese reception at 8pm. We will conclude the weekend after lunch on Sunday.

A restorative weekend of yoga, meditation & writing in the BC Rockies.